

Brad S. Elkins, M.D., F.A.C.S. Postoperative Cataract Care Instructions (818) 990-3623

1. The day of surgery

- 2-3 hours after you arrive home use your OFLOXACIN KETOROLAC and PREDNISOLONE ACETATE eye drops.
- **b.** Use all 3 drops again at dinner & bedtime.
- **c.** Do not press or rub the eye.
- **d.** Sleep with the shield tonight.





2. Normal postoperative complaints

- **a.** Your eye may be red.
- **b.** Your vision may be blurred.
- **c.** Your pupil may be large and dilated.
- **d.** Your eye may feel scratchy, teary, and light sensitive.
- e. You may see floaters or black spots.

3. The day after the surgery

- **a.** You do not need to wear the shield any more.
- **b.** You can resume normal activities.
- **c.** Bending and lifting are OK as long as there is no discomfort.
- d. Showering or bathing are OK but avoid getting water in your eye.
- e. Do not wear makeup for 1 week.

4. Postoperative eye drops

- a. OFLOXACIN 1 DROP 3 X A DAY for 7 days.
- **b. KETOROLAC** 1 DROP 3 X A DAY for 1 month.
- c. PREDNI SOLONE ACETATE (Shake well) 1 DROP 3 X A DAY for 1 month.
- d. Wait a few minutes between each drop. You may finish one bottle before another, this is OK.

 Just use each as instructed.
- e. For instructional video see http://www.youtube.com/watch?v=-LZw946ahDc





5. Please call the office immediately if there is a serious problem. Increased redness, pain, swelling, or worsening blurred

vision requires an immediate phone call or attention.